ASSOCIATION SCOTLAND

SELF-MANAGEMENT TRAINING FOR PEOPLE WITH CHRONIC PAIN

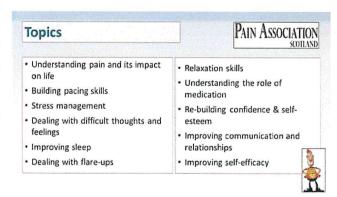
One to One Selfmanagement Support for Veterans Living with Chronic Pain





We are delighted to be introducing this new support service which will be available via telephone or skype and will help you develop the self-management skills required to improve your quality of life

For further information or to make an appointment please contact Pain Association Scotland on 0800 783 6059 or email info@painassociation.com



We acknowledge funding from the Veteran's Foundation

0800 783 6059

enquiries only



Pain Management Strategies and Support for People in Pain

Suite D, Moncrieffe Business Centre, Friarton Road, Perth, PH2 8DG email: info@painassociation.com web: www.chronicpaininfo.org telephone: 01738 629503 fax: 01738 625611

Scottish Charity Number SC 014486

